

# Memoirs

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## Addiction/Substance Abuse

**Burroughs, Augusten**

*Dry*

**Carr, David**

*The Night of the Gun*

**Fisher, Carrie**

*Wishful Drinking*

**Karr, Mary**

*Lit*

**Knapp, Caroline**

*Drinking: A Love Story*

**Sheff, David**

*Beautiful Boy*

**Sheff, Nic**

*Tweak*

**Wurtzel, Elizabeth**

*More, Now, Again*

**Zailckas, Koren**

*Smashed*

## Food

**Buford, Bill**

*Heat*

**Hamilton, Gabrielle**

*Blood, Bones, & Butter*

**Kingsolver, Barbara**

*Animal, Vegetable, Miracle*

**Samuelsson, Marcus**

*Yes, Chef*

**Slater, Nigel**

*Toast*

## Coming of Age

**Angelou, Maya**

*I Know Why the Caged Bird Sings*

**Bechdel, Alison**

*Fun Home: A Family Tragicomic*

**Bryson, Bill**

*The Life and Times of the  
Thunderbolt Kid*

**Burroughs, Augusten**

*Running with Scissors  
A Wolf at the Table*

**Dubus, Andre**

*Townie*

**Eggers, Dave**

*A Heartbreaking Work of  
Staggering Genius*

**Fuller, Alexandra**

*Don't Let's Go to the Dogs Tonight*

**Kalish, Mildred Armstrong**

*Little Heathens*

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**Karr, Mary**  
*The Liar's Club*

*Wasted: A Memoir of Anorexia and Bulimia*

**Lauck, Jennifer**  
*Blackbird*

**Jamison, Kay R.**  
*An Unquiet Mind*

**Lawson, Jenny**  
*Let's Pretend this Never Happened*

**Kaysen, Susanna**  
*Girl, Interrupted*

**McCourt, Frank**  
*Angela's Ashes*

**Masters, Alexander**  
*Stuart: A Life Backwards*

**Ozma, Alice**  
*The Reading Promise*

**Pershall, Stacy**  
*Loud in the House of Myself*

**Walls, Jeannette**  
*The Glass Castle*

**Schofield, Michael**  
*January First*

**Wolff, Tobias**  
*This Boy's Life*

**Traig, Jennifer**  
*Devil in the Details*

## Mental Illness

**Wurtzel, Elizabeth**  
*Prozac Nation*

**Cheney, Terri**  
*Manic: A Memoir*

## Rock 'n Roll

**Edelman, Hope**  
*The Possibility of Everything*

**Allman, Gregg**  
*My Cross to Bear*

**Greenberg, Michael**  
*Hurry Down Sunshine*

**Dylan, Bob**  
*Chronicles: Volume 1*

**Gregory, Julie**  
*Sickened*

**Jay-Z**  
*Decoded*

**Hornbacher, Marya**  
*Madness: A Bipolar Life*

**Kiedis, Anthony**  
*Scar Tissue*

**Richards, Keith**

*Life*

**Sixx, Nikki**

*The Heroin Diaries*

*This is Gonna Hurt*

**Smith, Patti**

*Just Kids*

**Tyler, Steven**

*Does the Noise in My Head Bother You?*

**Young, Neil**

*Waging Heavy Peace*

### Personal Growth

**Didion, Joan**

*The Reading Promise*

**Gilbert, Elizabeth**

*Eat, Pray, Love*

**Sebold, Alice**

*Lucky*

**Strayed, Cheryl**

*Wild: From Lost to Found on the Pacific Crest Trail*

### Traumatic Experiences

**Beah, Ishmael**

*A Long Way Gone: Memoirs of a Boy Soldier*

**Dugard, Jaycee Lee**

*A Stolen Life*

**Fragoso, Margaux**

*Tiger, Tiger*

**Jentz, Terri**

*Strange Piece of Paradise*

**Nichols, Damien**

*Life After Death*

**Oufkir, Malika**

*Stolen Lives*

**Scheeres, Julia**

*Jesus Land*



Galesburg Public Library  
40 East Simmons Street  
Galesburg, IL 61401  
309-343-6118  
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