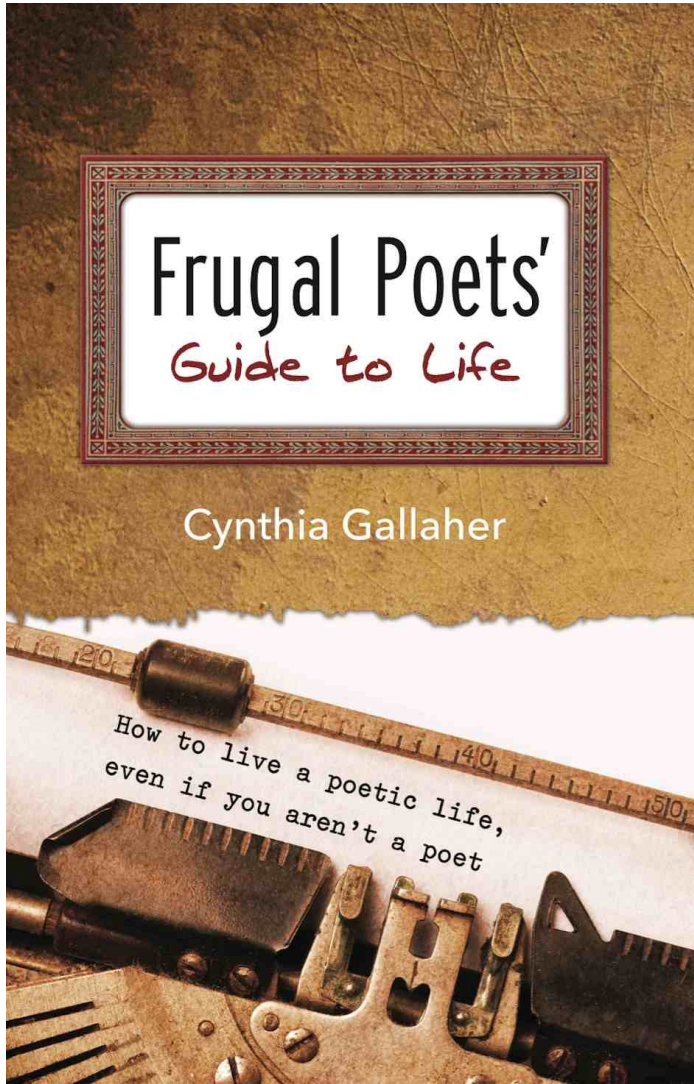


# Poetry Workshop Series

## *Frugal Poets' Guide to Life* with Cynthia Gallaher



**Are you interested in writing poetry? Join poet Cynthia Gallaher for a discussion of her book *Frugal Poets' Guide to Life: How to Live a Poetic Life, Even If You Aren't a Poet*. She will read an excerpt from her book and talk about the creative process.**

Cynthia Gallaher is a Chicago-based published poet with three published collections of poetry. The Chicago Public Library lists her among its "Top 10 Requested Chicago Poets" and *Today's Chicago Woman* magazine named her one of "100 Women Making a Difference." Most recently, she became a certified yoga instructor, and is completing a new manuscript of food and medicinal herb poems, *Botanical Bandwidth*.



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Part of Galesburg Public Library's NEA Big Read of The Poetry of Emily Dickinson

NEA Big Read is a program of the National Endowment for the Arts in partnership with Arts Midwest.

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