

# *Memoirs*

*Addiction, Coming of Age, Food, Humor, Mental Illness,  
Personal Growth, Music, and Traumatic Experiences*



**GPL Genre Lists**



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## **Addiction/Substance Abuse**

**Carr, David**

*The Night of the Gun*

**Fisher, Carrie**

*Wishful Drinking*

**Jamison, Leslie**

*The Recovering*

**Karr, Mary**

*Lit*

**Sheff, David**

*Beautiful Boy*

*We All Fall Down*

**Sheff, Nic**

*Tweak*

**Whitaker, Holly**

*Quit Like A Woman*

**Wurtzel, Elizabeth**

*More, Now, Again*

**Zailckas, Koren**

*Smashed*

## **Coming of Age**

**Angelou, Maya**

*I Know Why the Caged Bird Sings*

**Bechdel, Alison**

*Fun Home: A Family Tragicomic*

**Bryson, Bill**

*The Life and Times of the  
Thunderbolt Kid*

**Burroughs, Augusten**

*Running with Scissors*

**Coates, Ta-Nahesi**

*Between the World and Me*

**Dubus, Andre**

*Townie*

**Eggers, Dave**

*A Heartbreaking Work of  
Staggering Genius*

**Finnegan, William**

*Barbarian Days: A Surfing Life*

**Fuller, Alexandra**

*Don't Let's Go to the Dogs  
Tonight*

**Grealy, Lucy**

*Autobiography of a Face*

**Karr, Mary**

*The Liar's Club*

**Lauck, Jennifer**

*Blackbird*

**McCourt, Frank**

*Angela's Ashes*

**Noah, Trevor**

*Born a Crime*

**Walls, Jeannette**

*The Glass Castle*

**Wolff, Tobias**

*This Boy's Life*

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## Food

**Buford, Bill**

*Heat*

**Bourdain, Anthony**

*Kitchen Confidential*

**Fussell, Betty**

*My Kitchen Wars*

**Samuelsson, Marcus**

*Yes, Chef*

## Humor

**Day, Felicia**

*You're Never Weird on the Internet*

**Haddish, Tiffany**

*The Last Black Unicorn*

**Kaling, Mindy**

*Why Not Me?*

**Lawson, Jenny**

*Furiously Happy: A Funny Book About Horrible Things*  
*Let's Pretend This Never Happened*

**Lockwood, Patricia**

*Priestdaddy*

**Offerman, Nick**

*Paddle Your Own Canoe*

**Poehler, Amy**

*Yes, Please*

**Sedaris, David**

*Let's Explore Diabetes with Owls*  
*Me Talk Pretty One Day*

**West, Lindy**

*Shrill: Notes from a Loud Woman*

## Mental Illness

**Cahalan, Susannah**

*Brain on Fire*

**Cheney, Terri**

*Manic: A Memoir*

**Greenberg, Michael**

*Hurry Down Sunshine*

**Gregory, Julie**

*Sickened*

**Hornbacher, Marya**

*Madness: A Bipolar Life*

**Jamison, Kay R.**

*An Unquiet Mind*

**Kaysen, Susanna**

*Girl, Interrupted*

**Mailhot, Terese Marie**

*Heart Berries*

## Personal Growth

**Coutts, Marion**

*The Iceberg*

**Gilbert, Elizabeth**

*Eat, Pray, Love*

**Kalanithi, Paul**

*When Breath Becomes Air*

**Melton, Glennon Doyle**

*Love Warrior*

**Obama, Michelle**  
*Becoming*

**Sebold, Alice**  
*Lucky*

**Strayed, Cheryl**  
*Wild: From Lost to Found on the  
Pacific Crest Trail*

**Weir, Theresa**  
*The Orchard: A Memoir*

**Westover, Tara**  
*Educated*

### Music

**Dylan, Bob**  
*Chronicles: Volume 1*

**Flea**  
*Acid for the Children*

**Jay-Z**  
*Decoded*

**John, Elton**  
*Me*

**Quin, Tegan & Sara**  
*High School*

**Prince**  
*The Beautiful ones*

**Richards, Keith**  
*Life*

**Smith, Patti**  
*Just Kids*  
*M Train*  
*Year of the Monkey*

**Simon, Carly**  
*Touched by the Sun*

**Springsteen, Bruce**  
*Born to Run*

### Traumatic Experiences

**Beah, Ishmael**  
*A Long Way Gone: Memoirs of  
a Boy Soldier*

**Conley, Garrard**  
*Boy Erased: A Memoir*

**Fragoso, Margaux**  
*Tiger, Tiger*

**Jentz, Terri**  
*Strange Piece of Paradise*

**Nichols, Damien**  
*Life After Death*

**Oufkir, Malika**  
*Stolen Lives*

**Updated: 6/8/20**

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